

# POST-16 NEWSLETTER

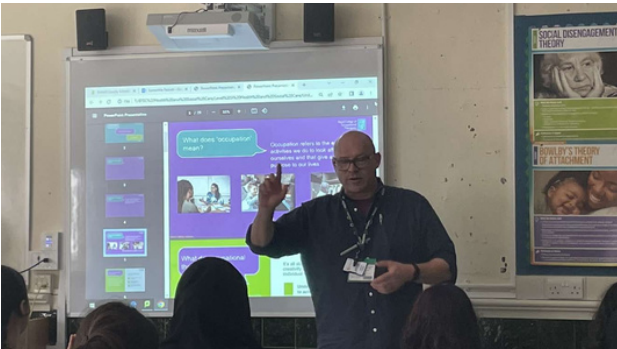
Issue No. 7 | MARCH 2023



English Language trip to the Globe Theatre



Introductory presentation by the Year 12 Head Girl and Broader Leadership Team



Health and Social Care guest speakers



An emergency fall lifting chair called a 'Raizer II' used by an advisor from 'Safe and Connected'.

## News

### Safe and Connected Workshop

A workshop was held on February 22nd, by a 24-hour emergency service called Safe and Connected. Anyone over 18 who feels vulnerable, and has a disability or chronic health condition can receive emergency support at any time to help them live independently and safely at home. They assess a person's needs and develop a plan according to their lifestyle providing different types of equipment such as a chair, bed sensor, fall detector, and an alarm device which are simple to use and include additional sensors to meet an individual's health needs. In an emergency, the alarm device is triggered to contact a telecare advisor online. A response officer or designated contact will visit the individual's home and provide assistance. Safe and Connected aims to respond to emergencies in 45 minutes or less. I would rate the workshop a 10/10 because it was extremely educational, and we had the chance to test out various pieces of equipment.

Written by Jahzara, a Year 13 student

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# Coming Up and Recent Events

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## Notices

- A-Level & L3 Public Written Exams: begin 22nd May

## Upcoming Events

- Maya Angelou Day: 31st March
- Easter Holidays: 1st - 16th April
- Diana Spencer Day: 5th May
- Year 13 Leavers' Picnic: 19th May

## Clubs

1. Medic Society - Thursdays Lunchtime
2. Crochet Club - Every 2 weeks Tuesday lunchtime with Ms Bassett
3. Debate Club - Tuesday lunchtimes with Ms Cowell
4. Careers Clinic with Ms Bastienne - Tuesday after school in S18, from 15:30 - 16:30.
5. Current affairs club - Mondays 15:20 - 16:00 in B30 (share a conversation on a range of topics, such as Palestine or Latin America, with Mr Lloyd, a professional in the field, holding a degree in international relations).

## Recent Trips

On Friday 17th March a group of Year 12 students accompanied Year 8 on the Globe trip to watch the Tempest. The Tempest is a play made and written by Shakespeare where Prospero uses magic to conjure a storm and torment the survivors of a shipwreck, including the King of Naples and Prospero's treacherous brother, Antonio. Prospero's slave, Caliban, plots to rid himself of his master but is thwarted by Prospero's spirit-servant Ariel. The King's young son Ferdinand, thought to be dead, falls in love with Prospero's daughter Miranda. Their celebrations are cut short when Prospero confronts his brother and reveals his identity as the usurped Duke of Milan. The families are reunited, and all conflict is resolved. Prospero grants Ariel his freedom and prepares to leave the island. Overall, the actors were phenomenal and told the story amazingly that you were instantly pulled into their journey and emotions. Each scene intrigued me to know what would occur next and the props used were amazing. For example, one of my favourite moments was Ariel coming down from above using a harness, the unexpectedness of it was great. A must-see if given the chance.  
*Charlotte, Year 12 Student*

## Achievements

The Year 12 Head Girl and Broader Leadership Team delivered excellent introductory assemblies to both KS3 & KS4.

## External Speakers

- Ellen, visited Post-16 and discussed student loans and budgeting. As a student you are eligible to apply for loans, this can either be a tuition fee, and/or maintenance loan. Tuition fee loan, is money that the government gives to the university (£9250) yearly, after enrolment. Maintenance loans are given to the student to support them in their costs of living. This is based on household income, and so can range in value. When repaying a small percentage of your wages, after you earn more than £25,000, the percentage taxed may increase as pay increases. This goes on for about 30 years, before it is written off. There may also be the option of paying off the interest on the loans, this rate depends on the rate of inflation.  
For more info watch:  
<https://www.youtube.com/watch?v=DhNtd2p-kwY>
- Health and Social Care students were visited on the 1st of March for a careers talk, by therapists from the Royal College Of Occupational Therapists. Occupational therapy in a broader sense relates to patterns of occupation, especially for those who may have impairments. People wanting to go into occupational therapy can either do an apprenticeship, or get a degree. For example an accountant did a two year course and an interactive course; there are a range of routes that can be taken. A member of the discharge team for example, enables support for discharged patients in their homes, helping them with any needed adaptations to their home, or referrals amongst other things.  
There are some who work with people who have learning disabilities, teaching people about relationships and sexuality as well as parenting.



*Ellen, speaker from University of Anglia*



*Health & Social Care guest speakers*

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# Enrichment and Progression Opportunities

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## Uni Open Days

9th April 2023

- Royal Holloway University of London (virtual)
- London School of Economics and Political Science (LSE)

24th - 28th April 2023

- University College London (virtual)
- University of Manchester (virtual)

26th April 2023

- Middlesex University

## Revision Websites

- <https://www.revisely.co.uk/>

A great resource for video tutorials, revision notes, topic exam questions and past papers!

- <https://www.physicsandmathstutor.com/>  
Includes a variety of revision notes and exam questions by topic from past papers!

- <https://app.senecalearning.com/courses?>  
A free, interactive resource to help you learn and revise various topics of different subjects.

## Film Review

- 'Puss in Boots: The Last Wish'

From being a side character in everyone's favourite DreamWorks movie Shrek, Puss in Boots: The Last Wish follows Puss as he is down to his last life. Puss, being the determined cat he is, seeks to find the one thing that can restore all his eight lives back: The mythical Last wish. This journey for Puss is not as simple as it seems, as he turns to lost friendships in hope of their aid and support whilst on the hunt. Trouble is not far behind as Puss soon realises that he is not the only one looking for the Last wish, he is followed by Goldilocks and her three bears who seek the last wish in hopes of reclaiming her biological family and Big Jack Horner who also joins the chase in possessing his one true wish. More importantly, he is followed by the main antagonist Death. Also known as The Wolf, Death's motives for trailing on the journey to the Last Wish soon become clear as he comes face-to-face with Puss, revealing his dark yet reasonable truth.

*Review by Fariha, Year 12 Student*

## Extracurricular Opportunities

- **Mentoring for students applying to Healthcare Courses** (*Apply by 31st March*)  
<https://www.healthpioneerscharity.com/mentorship-to-health>
- **WPF Therapy Open Event** (*31st March*)  
<https://wpf.org.uk/events/wpf-therapy-in-building-open-event-foundation-level-march-3/>



- **Free virtual medicine conference** (*1st April*)  
<https://medicmentor.co.uk/medicine-national-healthcare-weekend/>
- **Radiology Online Work Experience Day** (*2nd April*)  
<https://www.premedprojects.co.uk/free-work-experience-sessions>



- **Summer Schools at Imperial College London** (*Apply by 2nd May*)
  1. **Life Sciences Scholars** (*24th to 28th July*)
  2. **Chemistry Scholars** (*31st July to 4th August*)

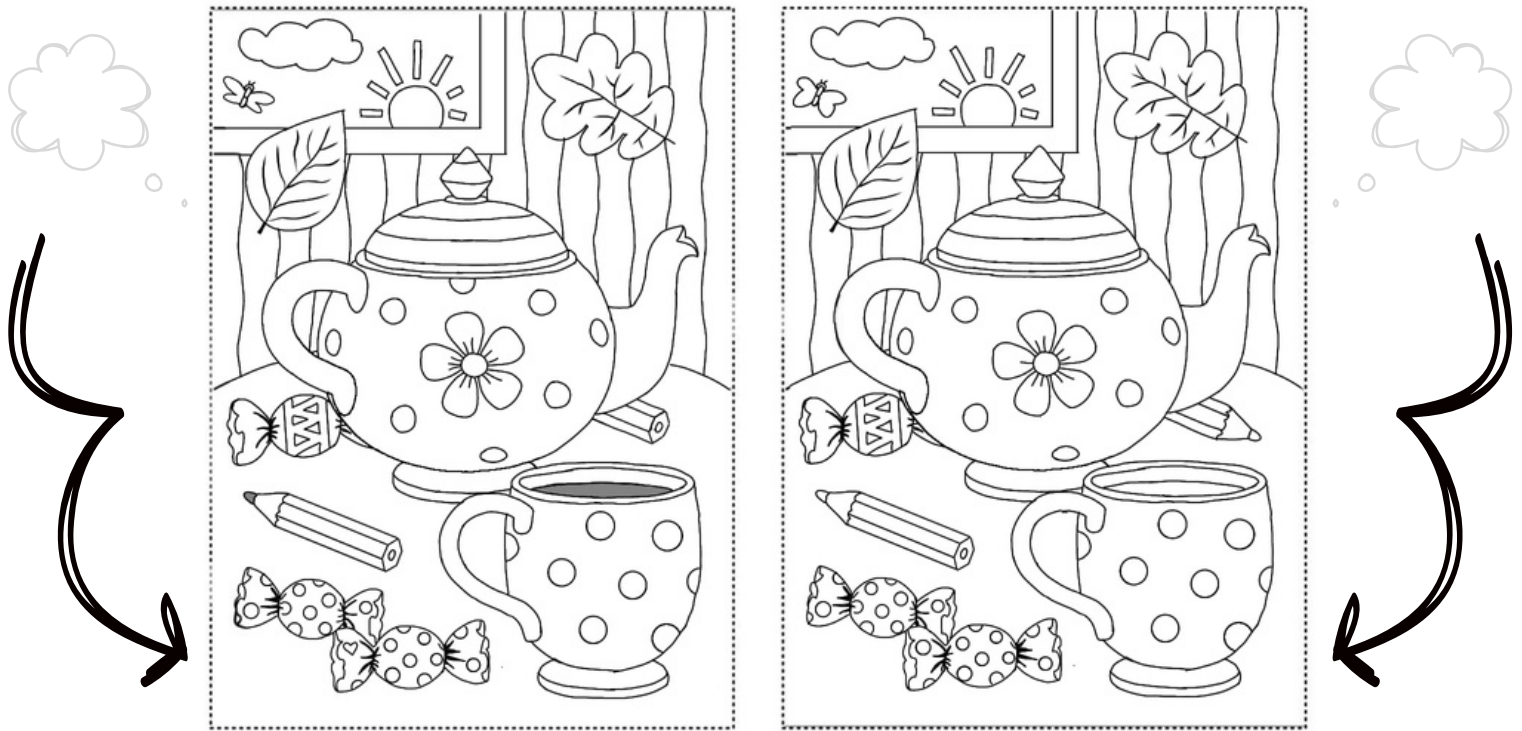


## Imperial College London

- **Pembroke College Arts and Humanities Summer Residential** (*Apply by 31st May*)  
[www.pem.cam.ac.uk/yr12summerschool](http://www.pem.cam.ac.uk/yr12summerschool)

# Puzzles

Spot 10 differences



S	S	C	S	B	O	B	H	G	S	C	I	L	S
S	D	A	P	Y	L	F	R	E	T	T	U	B	I
W	R	M	I	M	B	O	Y	A	M	A	S	D	A
O	I	B	N	A	S	N	S	F	E	A	Y	B	L
B	B	R	S	R	P	E	E	S	S	B	E	T	L
N	F	N	I	O	R	L	E	D	O	M	P	U	E
I	Y	E	A	O	I	S	B	N	R	M	R	L	R
A	N	S	M	S	N	U	R	N	A	A	S	I	B
R	N	T	S	A	G	N	N	C	M	T	G	P	M
A	U	A	P	R	H	S	R	G	H	L	P	S	U
M	B	R	U	A	C	H	I	R	S	I	N	E	A
R	I	S	L	F	R	I	L	K	L	M	C	C	A
L	S	R	B	T	A	N	N	E	T	U	Y	K	C
P	B	L	O	O	M	E	T	W	T	T	S	L	S

- MAY
- MARCH
- GARDEN
- UMBRELLA
- BIRDS
- CHICKS
- SPRING
- RAINBOW
- APRIL
- BUTTERFLY
- BLOOM
- SUNSHINE
- BLOSSOMS
- TULIPS
- NEST
- BUNNY