

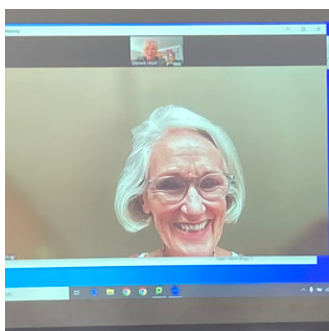
POST-16 SPECIAL EDITION

PROGRESSION WEEK 2023

During the week beginning the 25/06/2023, the Post-16 Team organised a progression week. It was designed to introduce the sixth form students to a variety of vocations, to give an insight into what different career paths have to offer, as well as the requirements needed at university.

1. Lorna Lloyd
2. Yasmin Begum
3. Craig Duncan
4. Charlie Peel
5. Jamie McCormack
6. Arjen Yigit

7. Sue Laurent
8. Meg Buick
9. Tim McLeish and Rick Howlett
10. Jessica Fleetham
11. Suhara Jayasena
12. Natasha Broomfield-Reid



Lorna Lloyd, *Speech and Language Specialist*

Lorna provided an in depth description of what her daily routine looked like as someone who worked with many different children. Being based mainly in Tower Hamlets, Lorna emphasised the importance of interacting with the children and explained how finding their interests aided in allowing them to be more confident in communicating. She described how most of her day was spent with stimulation and playing with the children, whilst reminding us of how rewarding this course can be.



Yasmin Begum, *Pharmacist*

Ex-student Yasmin delivered a detailed lecture on the journey of her university application into pharmacy. Before starting her degree, Yasmin took a foundation year. This boosted her understanding of her subjects, and made her feel increasingly prepared and confident for the degree ahead. She then explained that a typical pharmacy student would undertake different exams in each year of university including: math, dispensary and OSCEs (Objective Structured Clinical Exam). Within the course there is also a placement year in the community, industry or a hospital to explore potential career paths.



Craig Duncan, *NHS Consultant*

Craig explained his clinical and administrative responsibilities as well as managing and improving the use of technology within the NHS in relation to the patient well being.



Charlie Peel, *Cartographer*

Charlie told us all about his journey in setting up a Community Interest Company (CIC) called Urban Good. CICs channel their profits back into the community to create improvements in society. Charlie learnt a new piece of software on his own and created a National Park City Map. This shows all of the green spaces in London. He has since gone on to make maps of many other cities. He has created a map for Slow Ways, an organisation showing walking routes between UK towns and cities.



Jamie McCormack, *Film Director & Film Company Owner*

Jamie McCormack spoke about how he and his friend started a production company called 'James and James'. He then went on his own to create a new company for which he is the Director. He now directs films and employs a variety of other people who work for him. I found it inspiring that he didn't know what he was going to go into, however a simple idea of talking to people on the street of New Orleans started his career.



Arjen Yigit, *Medicine Student*

Ex-student, Arjen, came to speak about her experience of the application process to medicine, including the UCAT and work experience. From this, she advised us based on what she had learnt: applying strategically according to our strengths. She also recommended using *Aspiring Medics* for further support and mentoring. Overall, this was a very useful and insightful talk for aspiring medics in Post-16.



Sue Laurent, *Paediatrician & Director of Education with the NHS*

Sue provided an overview of the broad variety of different roles within the NHS (such as a paramedic, nurse, radiographer and doctor). Together, they work as a team in order to fulfill the patients' needs. Some more key skills she spoke about include problem solving, good communication skills, being a good listener and being able to explain situations to a patient. Finally, she also spoke about the pay structure in the NHS (Bands 1-9). This was a very useful talk to learn about more career paths in the healthcare sector.



Meg Buick, *Artist*

Meg Buick is a self employed artist who also runs creative workshops for older students. She gave us a detailed insight as to how successful a career in art can be, and spoke about the challenges that artists face when becoming self employed. We were inspired by the fact her hard work and perseverance meant that she was able to do a career that she loves - and it was great to see her studio and her art pieces!



Tim McLeish, *Solicitor* with Rick Howlett, *Law Practice Manager* from local solicitors *Vanderpump and Sykes*

The way in which Tim presented was really interesting as he spoke alongside his colleague, Rick, in a role-play style interview. They asked each other questions like, 'What do you do on a normal day in your job?' and 'What qualifications do you need to do your job?'. Both were insightful, knowledgeable and professional. They extended the offer to all ECSfGs Year 12 students to visit their offices and to apply for a work experience placement in the Enfield office.



Jessica Fleetham, *Journalist*

Jessica is a financial journalist who came to speak to us about her work. Before this talk we were unaware that financial journalism was even a career! It was interesting to hear that the type of journalism that she works in is so fast paced - they often write a story within half an hour! She was extremely engaging and we were amazed that she could speak 11 languages! We came away feeling inspired and motivated.



Suhara Jayasena, *Corporate & Financial P.R*

Ex-student, Suhara, works as an executive at TB Cardew. She explained the importance of interpersonal social skills and the need to have an in-depth and up to date knowledge of the area in which their clients operate. TB Cardew is a financial public relations firm in London, specialising in strategic communications. This means that they help clients manage their messaging, communication and image. For example, they advised Nisa on the sale of their business to The Co-op for £143m. TB Cardew has also created an internship for a student of ECSfG only!



Natasha Broomfield-Reid, *Diversity and Inclusion Social Entrepreneur*

Natasha works as a diversity and inclusion social entrepreneur. I found it really engaging and inspiring to learn about the variety of different roles she does and how important her job is within her sector. She gave us advice on how to apply for different jobs and how to deal with setbacks. It opened my eyes to a world that I had never explored before.

UCAS DAY:

On the 25/06/2023 the Post 16 students participated in the UCAS Progression day which gave us an insight into certain aspects we would have to consider when applying to universities such as personal statements and doing our own personal research into different potential universities. We were also exposed to cooking on a budget and were taught how to do this. This taught us how to be frugal and smart with the money we are given.



Research on different courses, universities and alternative Post 18 pathways during Progression Day



'Cooking on a budget' during Progression Day



Session on writing personal statements during Progression Day



ECSfG Careers Fair