

POST-16 NEWSLETTER

Issue No. 4 | OCTOBER 2022



News

ESSA Water Sports

On the 23rd of September, 50 Year 12 and 13 pupils went to a lake in Broxbourne to do kayaking, stand-up paddle boarding and katakanoing.

'I really enjoyed the trip to Essa Water sports Centre. Upon arrival, we were immediately greeted by the owners who wasted no time in describing the place and its history, and we then hurried to the paddleboats. I got to learn how to paddle which was great fun and competed against other teams to see which boat could travel the fastest. This was very enjoyable and we strengthened our teamwork, winning a round of "boat races". We had the chance to socialise with new people and simultaneously enjoy the peaceful nature of the area, sitting on the paddleboat and watching the calmness take over. Overall, this trip was fantastic and very memorable for me!

- Ayesha Amin, Year 12 student

Coming Up

Notices

- Reading room is now being supervised during lunchtimes by the HGT and BLT.

Upcoming Trips

- Chemistry trip to - Wednesday 7th December

Assessments

- Yr 13 PPEs - 14th November to 25th November
- Yr 12 PPEs - 21st November to 2nd December

If you would like any resources to help you revise for the upcoming exams, please go to the 'Revision Resources' Section

Clubs

- Clubs starting on Monday onwards (17/10)
 1. Medic Society
 2. Current affairs club - Mondays 3:20 - 4pm in B30 with Mr Lloyd
 3. Chess club - Wednesday Lunchtimes 12:45-13:10 in 03 - Izbel Kayim
 4. Crochet Club
 5. Card games club
 6. Film club

Book reviews:

- 'A Doll's House' (1879) by Henrik Ibsen is not the classic 18th-century novel it seems to be. It revolves around the lives of Nora Helmer, a housewife living an illusionary life with her condescending husband, Torvald Helmer. Ibsen subverts 18th-century gender norms for women through Nora's decision to leave her husband and become independent. This three-part play is a wonderful read, empowering women despite being written at a time where society was purely dominated by men. *Review by Amna Amin Year 13*
- 'Everything that makes us Human: Case notes of a Children's brain surgeon' by Dr Jayamohan who works as a Consultant Paediatric Neurosurgeon in a private practice. This book shifts you into the journey of his days being a medical student and transports you to his current day. It includes very detailed unique cases in which he presents the life and death decisions he had to make in his work. *Review by Rithu Sooriyakumar Year 13*

Recently

Reminder

- Revision Flash Cards (£1.20) and Cornell Note Paper (Free) are available from the SRC from Ms Page
- UCAS deadline: 9th December 2022.

External Speakers

- 15 September - Medicine speaker: Former ECS student Arjen Yigit came to speak to the Post 16 pupils about her experience of applying to Medicine. It was an excellent talk and really helpful for aspiring Medics to gain insight into what the application process is like.
- Kasha Marie and Demi Raji delivered an insightful assembly on Black History Month to Year 13. Asma Abdirizak and Munachiso Achinivu also delivered an excellent presentation themed around Black History Month to Year 12. Both enlightening us on powerful Black women. Please ask the Post 16 team or HGT if you would like to do an assembly.
- During October, NCS speakers delivered assemblies encouraging students at Enfield County to partake in their programme, excellent for personal and social development.

Achievements

Enfield County's Netball team performed excellently. Members of the team included Jahzara Koduah, Cianna Moses and Elizabeth Ebosele. Last week, Post-16 students were playing netball at Ark John Keats.

Munntaha Alam, one of the Head Girls here at Enfield County, delivered two brilliant assemblies at open evening to around 300 people.

A group of year 12 students: Mursal, Evelyynn, Tharanitha, Fatimah R, Daniella, Iqra, Charlotte, Fariha and Joshili hosted 2 bake sales at upper and lower sites. In total they raised £84.

Green school

The HGT and BLT have been conducting some research on how the school could potentially increase the amount of wildlife within the school community. For example, they have looked into the 'No Mow policy' which gave us ideas on how to improve the school's environment. We could do the following: limit the amount of cutting grass to allow natural plants to grow and in turn create new habitats for the ecosystems; plant a few trees around both sites to improve the school's sustainability. Having more trees at ECS helps limit the carbon footprint and also prevents water wastage and encourages new wildlife.

Enrichment and Progression Opportunities

Careers

- **Aspire by Upreach** – This is an organisation that aims to help you achieve your aims and fulfil your potential. All of it is free as it is government funded to increase social mobility. Please note all Webinars run from 5:00-6:00pm. (UPCOMING - 8th November).

- **Apprenticeship - Willmott Dixon**

Apprenticeships are a great route into construction. At Willmott Dixon, apprenticeships are available in our business support teams and also through our supply chain partners or our sister company, Fortem, in trade disciplines such as bricklaying. We offer some entry level positions for those who are looking to take their first steps into construction. With a paid apprenticeship you will earn while you learn and obtain a Level 3 qualification. You can apply following GCSEs; you don't have to have a construction background to complete an apprenticeship.

<https://www.willmott Dixon.co.uk/apprentices>

- Degree Apprenticeships – A Guide for Sixth-Formers: The programme explains how degree apprenticeships can provide a debt-free alternative to the traditional university experience, whilst still leading to degrees from many of the UK's most prestigious and sought-after universities.

https://www.youtube.com/watch?v=w_S9wLhaLGM

Revision Webinars

- Medic Mind: Free A level Biology and Chemistry Revision classes.

We are holding revision classes for A level Biology and Chemistry, every Friday and Sunday from 6 - 7pm on Zoom throughout October, November and December.

Register for FREE using the links below:
Protein Synthesis + Mitosis/Meiosis ([this Friday, 6-7pm](#)):

<https://us06web.zoom.us/meeting/register/tZwkfuGurDIvHdDJNtkw9vZme7P5nbiGCAwD>

Equations and mathematical chemistry ([this Sunday, 6-7pm](#)):

<https://us06web.zoom.us/meeting/register/tZEpdO6hqj4oGdRGnhaLpASqrVgJfJneDQOI>

Extracurricular opportunities

- Library Volunteer Opportunities

Volunteering is fun, rewarding and it changes lives. If you're interested in volunteering for Enfield's Library Service, please ask a member of staff for more details.

We currently have volunteering opportunities in the following positions:

- Adults activity volunteer
- Baby rhyme time, toddler time and under 5's volunteer
- Children's activity volunteer
- Community library volunteer
- SOL conversation club volunteer
- Library support volunteer
- Meet and greet volunteer
- Summer reading challenge volunteer
- Volunteer coordinator

visit www.enfield.gov.uk

- Do you want to make a difference to someone's life? Are you interested in gaining experience in a busy healthcare setting, learning new skills and meeting new people? Do you want to give something back to the local community and to the NHS?

If you answered yes to any of the above, then volunteering at North Middlesex University Hospital is definitely for you.

Visit our website to find out more information on this:
<https://www.northmid.nhs.uk/volunteer-with-us/>

Contact us: Want to speak to the member of the volunteering team?

northmid.volunteer@nhs.net

Telephone: 020 8887 3549

- Black Excellence Network is an award winning registered CIC and social enterprise. We are a network of black students built by black students which challenges the disparities in educational attainment, progression to higher education. Our main services are 'Mentorship' and 'Consultancy' which are offered to Sixth Form College students. The mentorship scheme pairs Year 13 students as mentees with current undergraduates/graduates as mentors. Mentors will provide mentees with UCAS application help, A-Level and more throughout Year 13.

- The application form to sign up as a mentee or member will be linked here: <https://tally.so/r/wQk5lm>

- Charity Shop Volunteers needed at:

- Life in the Town - 1, Burleigh Way, Market Place, Enfield Town, Enfield, EN2 6LL

- British Heart Foundation - 12-14 Church Street, Enfield, EN2 6BE
0208 367 5561