ECSfG: Personal, Social, Health, Economic, Citizenship education (PSHCE)
PD: Personal Development
DfE: Relationships and Sex education & Physical Health and Mental Wellbeing

Enfield County School for Girls

PSHE: KS4 Two year curriculum map

Year 11

- Managing unwanted attention/harassment (RSE)
- Exams
- Revision
- Legal and personal risks of sharing information online (RSE)
- Domestic violence
- The impact of drugs and alcohol on choices and sexual behaviour (RSE)
- Personal and social risks of substance misuse
- Physical, emotional and sexual abuse (RSE)
- Smart Law – legal rights and responsibilities
- The impacts of sex and sexuality (RSE)
- Revision skills
- Consent – right to withdraw from situations (RSE)
- Discrimination, prejudice and bullying in institutions (RSE)
- Emergency help and emergency first aid
- Life-saving first aid equipment
- Exam stress
- Post 16 options
- Consequences of substance abuse on physical and mental health
- Social and moral dilemmas associated with money
- Breast and testicular cancer – self examinations (Cervical cancer) (RSE)
- Disadvantages of social media (RSE)
- Exploring artificial body shapes

Year 10

- Emotional and mental wellbeing – coping strategies and treatments
- Gambling
- Sources of information for contraception and sexual health (RSE)
- Contraception and responsibility (RSE)
- Adoption and fostering (RSE)
- Managing feelings about body image (RSE)
- Giving and receiving constructive feedback
- Pregnancy and abortion (RSE)
- STI's – the impact on fertility
- Unhealthy relationships – honour-based abuse, forced marriage, rape and FGM
- Image sharing – legal and personal risks (RSE)
- Understanding and respecting different cultures views on sex and relationships (RSE)
- Choice in relationships – marriage, civil partnerships, cohabitation (RSE)
- Marriage and civil partnerships as a choice (RSE)
- Exploitation, bullying, abuse, harassment and control in relationships (RSE)
- The portrayal of sex in the media and on social media (RSE)
- Recognising unhealthy relationships (RSE)
- Fertility
- The government and the economy
- Smoking and alcohol
- Body image (RSE)
- Digital awareness
- Financial capability
- Online stress
- Extremism
- Healthy relationships (RSE)